



NOTE

If desired, you may ship your child's gear to Crow Canyon ahead of time. Please see "Getting You & Your Gear to Crow Canyon" for instructions.

High School Field School Gear List

Students should bring the following gear for their program. There are no laundry facilities on campus, but we will take students into town twice to do laundry. Be sure your child brings laundry money and enough clothes to last a week.

Bedding and Towels (don't forget these!)

- Sleeping bag (for camping) and sheet/blanket (if desired for bunk bed in lodge)
- Pillow (if desired)
- Towel and washcloth

Clothing

- Jeans/pants, shorts (lightweight, long pants are better for fieldwork than jeans or shorts)
- T-shirts (tank tops and halter tops are *not* recommended)
- Lightweight, long-sleeved shirts (these are cooler than short-sleeved shirts in the field)
- Socks and underwear
- Pajamas or other sleepwear; bathrobe, if desired
- Sweater or sweatshirt
- Windbreaker or jacket
- Wide-brimmed hat (a *must* for sun protection)
- Rain gear
- Bandana
- Comfortable walking shoes
- Hiking boots (a good pair is essential—over-the-ankle and broken in!)
- Swimsuit

Personal

- Toiletries (soap, shampoo, toothpaste, etc.)
- Flip-flops or other footwear appropriate for use in the shower
- Personal medications (Crow Canyon will provide safekeeping) (**These must be listed on the medical form and must be in their original containers!**)

Required Gear

- Two 1-quart water bottles (64 oz. total)
- Small daypack (large enough to hold water, jacket, rain gear, sunscreen, personal items)
- Sunscreen (SPF 15 or greater) (Parental permission **required**; see the medical form!)
- Sunglasses

Camping Gear (in addition to your sleeping bag)

- Sleeping pad
- Lightweight tent, with seams sealed

- Warm hat, and mittens or gloves (for camping and rafting)
- Long-sleeved heavy shirt

Suggested Gear

- Garden or work gloves
- Flashlight
- Pencil, pen, notebook
- Camera, film/memory card, camera batteries
- Insect repellent
- Plastic mug or drinking glass

Pack Wisely and Be Prepared!

Choose gear for a variety of weather conditions. Camp participants will be taking weekend trips in varying environments, ranging from 4300 to 8500 feet in elevation. It will be very hot in the desert but could be cooler at higher elevations. Students should be prepared to dress in layers!